



5 & 9 KM RIDE REGULATIONS & GUIDELINES

- Riders must be 5 years of age or older and must be strong riders who are able to maintain control of their bicycles, and follow route map and traffic regulations.
- Please note that this is a challenging route and some children may have a difficult time finding their way if unaccompanied by an adult.
- No tricycles or training wheels permitted on the course.
- Helmet use is mandatory for all bike participants.
- Please ensure your bicycle is in good working order before the event.
- This is not a timed event.
- The ride will start at 8:50am. Parents or participants who choose to accompany bike riders and want to start at 8:50am will not be timed for their registered event.
- For riders who are planning on riding at a slower pace with runners or walkers, please line up at the back of the running or walking pack you wish to join. This is a safety precaution!
- Keep your head up and look for course marshals directing traffic.
- Riders must travel forward on the course at all times. Please do not ride backwards (against the flow) on the course.
- If a rider needs to stop for any reason, please pull off to the side of the course when safe to do so.
- Please use a bell or a verbal alert when passing anyone on the course.
- Exercise caution when approaching the finish line to avoid collisions with other riders and walkers. Please start to slow down 15 to 20 feet before the end of the course and walk your bike across the finish line.
- Be aware of runners crossing the finish line behind you as they are being timed and want their best time!
- Bike security will not be provided. Please bring a bike lock if you would like to lock up your bike onsite.

Thank you.

