



REGISTRATION FORM

IF YOU REGISTER ONLINE
YOU ARE ABLE TO COLLECT
PLEDGES ONLINE!

ONE REGISTRATION FORM
MUST BE COMPLETED FOR
EACH REGISTERED
PARTICIPANT

PLEASE PRINT CLEARLY AND COMPLETE ALL THE FOLLOWING INFORMATION

RACE PARTICIPANT'S NAME

MRS MS MISS MR FIRST NAME _____ LAST NAME _____ M/F _____ AGE _____

ADDRESS _____

CITY _____ PROVINCE _____ POSTAL CODE _____

PHONE # () _____ EMAIL ADDRESS _____

I consent to receive offers, promotions, contests, giveaways, and other information about products and services by email, text message, social media and other electronic messaging from FGL Sports Ltd., Jumpstart Charities and FAB Events Inc., and their respective subsidiaries, affiliates, business brands and marketing partners. I may contact FGL at 824 - 41st Avenue NE, Calgary, AB T2E 3R3 or at privacy@fglsports.com. I understand that I may withdraw my consent at any time.

PLEASE READ CAREFULLY RELEASE AND WAIVER - AWARENESS OF RISK

I acknowledge and agree that running, walking or riding or otherwise participating in this type of event is a potentially hazardous activity and that I should not enter and run, walk or ride unless I am medically able and properly trained. I also acknowledge and agree that although traffic control will be provided there will be vehicles on the course route and accordingly I assume the risk of running, walking or riding in traffic. I also assume any and all other risks associated with running, walking or riding in the event including, but not limited to, slips and falls, contact with other participants, the effects of the weather, including rain and high heat and the condition of the roads, all such risks being acknowledged and appreciated by me.

Acknowledging these facts, and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and hereby waive, release and discharge FGL Sports Ltd., Jumpstart Charities, Cadillac Fairview Corp. Ltd., Ontrea Inc., CF Chinook Centre, FAB Events Inc., City of Calgary, Max Bell Centre, Calgary Police Services, City of Calgary Parks and Recreation, Alberta Health Services, Calgary Health Trust, Events.com, Sportstats West, Event Coordinators, Committee, Shareholders, Servants, Sponsors & Volunteers, other participants in the event and all their respective parents, subsidiaries, agents, employees, officers, directors and assigns or anyone else acting for or on their behalf (collectively, the "Indemnitees"), from and against any and all claims for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event other than as a result of the gross negligence of the Indemnitees.

This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. Applications for minors (those under 18 years of age) will be accepted only with the minor's and one of his / her parents' signature. I hereby grant full permission to FGL Sports Ltd. and/or its authorized agents, to use any photographs, video, digital or any other record of this event and /or of me or my minor child as participant in this event, for any legitimate purpose. I hereby acknowledge having read this Release and Waiver, I understand and accept its terms and conditions.

By checking this box you are waiving your legal rights.

Signature of participant &/or signature of parent/guardian (if participant is under 18 years of age) _____

Date _____ Email _____

AMOUNT PAID OR ENCLOSED: \$ _____

- Please refer to Registration Information for fee structure, taxes and deadlines
- GST # 86961 8785 RT0002

_____ Youth Entry \$ _____

_____ Adult Entry \$ _____

PAYMENT METHOD:

Cash Cheque Visa Mastercard Amex

Cardholder's Name _____

Card # _____ Expiry _____ / _____

Signature _____ CSC# _____

I AM ENTERING:

- 10 km Run
 10 km Wheelchair
 5 km Run
 5 km Ride
 5 km Wheelchair
 5 km Walk

T-SHIRT SIZE:

- YOUTH
 Small Medium Large
- ADULT
 Small Medium Large
 XL XXL

* T-Shirt sizes are based on first come first serve basis.

MOM'S DIVISION

I'm a Mom (Please check off box if you are a Mom) and be entered for some great prizes!